

**Girl Trek Groove City Trekkers Proclamation**  
**We Are Harriet Proclamation**

**WHEREAS**, the mission of Girl Trek is to pioneer a health movement for African American women and girls grounded in civil rights history and principles through walking campaigns, community leadership, and health advocacy, and

**WHEREAS**, the Groove City Trekkers, is a local chapter of the Girl Trek movement and in fact is not a fitness organization, but a campaign for healing. This is not recreation. This is a lifestyle. We walk to heal our bodies, inspire our families, and to reclaim the streets of our neighborhoods. We believe in the discipline and power of walking to transform our lives, enliven our communities, and restore our humanity, and

**WHEREAS**, the Girl Trek movement is inspired by Harriet Tubman, who lead hundreds to freedom along with other women civil rights leaders who marched for change. Girl Trek is an army of street soldiers who are committed to honoring the sacrifices of the women who came before. The Groove City Trekkers do this by living our healthiest, most fulfilled lives, and

**WHEREAS**, the Groove City Trekkers proclaim #WeAreHarriet by tirelessly promoting various opportunities for women to gather to walk in an effort to combat trauma, and stress and emphasize the importance of self-care, healthier lifestyles, and living our most fulfilled lives for those in Cambridge, MD.

**NOW THEREFORE**, be it resolved that in honor of Women's History Month and Harriet Tubman's birthday on March 10<sup>th</sup>, *I Mayor Victoria Jackson-Stanley*, do hereby proclaim March 28, 2020, We Are Harriet Day throughout Cambridge, MD.

The Groove City Trekkers encourages all women in the community to make themselves a priority, take at least 30 minutes of your day to take a walk and become a better you.

**Mayor's Citation for Excellence**  
**To Groove City Trekkers**

*Given Under My Hand and the Seal of the City of Cambridge, Maryland*

*This 30th day of March, Two Thousand Twenty*

*Mayor* \_\_\_\_\_